

Gibson P.S.

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Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

***2 Items from Cook's Salad Selection**
Rice Salad,
Coleslaw
Sweet Chili Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Carrot Sticks
Cucumber Sticks
Diced Red Peppers
Red Onion
Radish

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 30th Aug 27th Sept 25th Oct 22nd Nov 20th Dec	Spaghetti Bolognese & Homemade Garlic Bread Or O/B Breaded Fish Fingers Fresh Baton Carrots Medley of Fresh Vegetables Mashed Potato Hot Pasta Twists / Gravy Egg Sponge with Jam Topping & Custard	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Cheese Melt Garden Peas / *Salad Selection Mashed Potato Baby Boiled Potatoes Hot Pasta Twists / Gravy	Homemade Breaded Chicken Goujons & Dip Or Spicy Chicken Fajita with Warm Tortilla Wrap Sweetcorn / *Salad Selection Mashed Potato Hot Pasta Twists / Gravy	Roast Pork Or Roast Breast of Chicken Herb Stuffing Fresh Diced Carrots Broccoli Florets Mashed Potato Hot Pasta Twists / Gravy	Hot-Dog Or Ciabatta Pizza Baked Beans Garden Peas / *Tossed Salad Mashed Potato Chips Hot Pasta Twists / Gravy
WEEK 2 6th Sept 4th Oct 1st Nov 29th Nov	Chicken Chow Mein Or Steak Burger Broccoli Florets Fresh Baton Carrots Mashed Potato Hot Pasta Twists / Gravy	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Homemade Margherita Pizza Garden Peas / *Tossed Salad Mashed Potato Hot Pasta Twists / Gravy	Cheesy Bolo Pasta Or Fresh Breaded Fish Goujons Lemon Slice / Tartar Sauce Baked Beans Sweetcorn / Garden Peas Mashed Potato Hot Pasta Twists / Gravy	Roast Breast of Chicken or Chicken Crumble Herb Stuffing Cauliflower Cheese Fresh Diced Carrots / Parsnip Mashed Potato Hot Pasta Twists / Gravy	Homemade Breaded Chicken Nuggets Or Hot Thai Flavoured Chicken Wrap with a Salsa Dip Sweetcorn / *Salad Selection Baked Potato / Chips Hot Pasta Twists / Gravy
WEEK 3 13th Sept 11th Oct 8th Nov 6th Dec	Italian Pasta Bolognese & Homemade Garlic Bread Or O/B Breaded Fish Fingers Baked Beans Sweetcorn / Broccoli Florets Mashed Potato Hot Pasta Twists / Gravy	Macaroni Cheese Or Homemade Sait & Chilli Or Homemade Breaded Chicken Goujons & Dip Fresh Baton Carrots *Salad Selection Mashed Potato / Chips Hot Pasta Twists / Gravy	Mexican Enchilada Or Oven Baked Sausages Garden Peas Mediterranean Roasted Vegetables Mashed Potato Baby Boiled Potatoes Hot Pasta Twists / Gravy	Chicken Panini Or Roast Turkey Herb Stuffing Fresh Diced Carrots / Parsnip Fresh Savoy Cabbage Mashed Potato Hot Pasta Twists / Gravy	Traditional Homemade Chicken Or Smooth & Hearty Vegetable Soup Steak Burger in a Bap Or Bang Bang Chicken in a Hot Baguette Mashed Potato / Tossed salad Selection of Breads Strawberry Mousse & Fresh Fruit Salad
WEEK 4 20th Sept 18th Oct 15th Nov 13th Dec	Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken & Broccoli Bake Garden Peas Fresh Savoy Cabbage Mashed Potato Hot Pasta Twists / Gravy	Chicken Stir Fry & Noodles Or Oven Baked Sausages Baked Beans Sweetcorn Fresh Baton Carrots Mashed Potato Hot Pasta Twists / Gravy	Roast Breast of Chicken Or Beef Stew Herb Stuffing Fresh Diced Turnip Fresh Baton Carrots Mashed Potato Hot Pasta Twists / Gravy	Spaghetti Bolognese & Homemade Garlic Bread Or Fresh Breaded Fish Goujons Or Salmon Fish Cake Lemon Slice / Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Hot Pasta Twists / Gravy	Homemade Margherita Pizza Or Marinated Chicken Fillet with Warm Tortilla Wrap Sweetcorn *Salad Selection Traditional Champ Chips Hot Pasta Twists / Gravy Arctic Roll & Fresh Fruit Chunks



Fresh Fish & Chicken Nuggets May Contain Bones

If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form